



Office on Women, Sexual Assault Response & Awareness (SARA) Program

Rape Aggression Defense (RAD)

RAD is a program of realistic self-defense and awareness tactics and techniques for women. RAD is not a martial arts program. Classes are free; however a \$20 donation is suggested.

RAD - Classes for 2007

Classes will be held at the Lee Center, 1108 Jefferson Street, Alexandria, VA 22314. All classes are from 6:30PM – 9:30PM. Each session has four classes.

Session I - January 25, February 01, 08,* 15

Session II - April 24,* May 08, 15, 22

Session III - October 03, 10, 17, 24,

* These classes will be held in the Gold Room of the Lee Center. All other classes will be held in the Exhibit Hall.

For more information or to pre-register, call Patricia at (703) 838-5030 or visit the Alexandria Office on Women web site at www.alexwomen.com.

